

Orthopaedics.
Right where you need it.



Joint Replacement



Bryn Mawr, Lankenau and
Paoli Memorial Hospitals
Jefferson Health System

Orthopaedics.
Right where you need it.



Sports Medicine



Bryn Mawr, Lankenau and
Paoli Memorial Hospitals
Jefferson Health System



Women who love their hips.

Bryn Mawr, Lankenau, and Paoli Memorial Hospitals have one of the largest programs for joint replacement in the greater Philadelphia metropolitan area, and our orthopaedic surgeons are some of the region's foremost in these procedures. For a step as important as joint replacement, you can turn to us with confidence.

The reputation of our orthopaedists in joint replacement is based on excellent results from the thousands of patients who have undergone these procedures in our programs. Our patients benefit from low rates of complication and enjoy rapid return to an active lifestyle. Our specialists are on staff at three of the most respected teaching community hospitals in the area. At the same time, our offices are located right near you.

Our physicians are authorities in counseling patients and helping them select the right approach to treatment for joint degeneration according to their age, activity level, overall health, and goals. With skill, we provide the orthopaedic care that today's population needs to combine longevity with an active lifestyle.

Joint Replacement



Now you're going places.

Guidance in an important decision.

Effective joint replacement relieves pain and restores function. Plain and simple. Performed by a capable implant team, replacements of hip, knee, shoulder, wrist, and hand joints are some of the most reliable operations available today.


Whether joint deterioration comes from a fall or other injury, or from a chronic arthritic process, a careful assessment of the joint is our first step. We care for patients with serious joint pain or impaired mobility resulting from osteoarthritis, avascular necrosis, rheumatoid arthritis, chondrolysis, posttraumatic arthritis, or degenerated artificial joints.

From diagnosis to recovery.

Our orthopaedic specialists are some of the best trained you'll find. When joint replacement is necessary, they assist patients through each stage of treatment and recovery, advising them on what to expect next. Our patients also benefit from an established postsurgical program that smoothly returns them to activity.

The inpatient stay combines physician and orthopaedic-nursing care, with the most advanced physical and occupational therapy. We understand how to pace the mobilization and strengthening that lead to return of function. Our patients progress at an optimal rate, ensuring a timely return to their normal routines.

Joint Replacement



Dance the night away.

Referring physicians and patients are part of our team.

When considering or planning joint replacement or joint revision surgery, patients and referring physicians should insist on care through a comprehensive, top-quality program that keeps them personally involved in each stage of diagnosis, treatment, and recovery.

Our educational classes before surgery serve to comfort patients and improve their knowledge. And throughout care, they get the most advanced medical services, from first-rate radiologic studies to postoperative evaluation. Our patients know what's happening and why, so they can participate in their care and recuperation.

In our services, patients benefit from the expertise of doctors who are academicians, instructors, and researchers in the field. Our surgeons and other staff members also believe strongly in an attentive and responsive relationship with patients. This emphasis on communication extends to our referring physicians, who are kept informed about their patients' courses of care.

Joint Replacement

Precision. Individualization. Safety.

Our orthopaedic surgeons are both detail-oriented subspecialists and patient-oriented caregivers. We insist on all of the steps that help assure surgical and postsurgical safety. We perform joint implants with minimal blood loss and operative time, and follow patients with the help of dedicated orthopaedic nurses and therapists.

The demands on durability of artificial joints keep increasing. Many patients are putting greater activity over more years on these joints, and are often receiving them at a younger age. Orthopaedists at our hospitals are experienced with the most advanced prosthesis technology, including cemented as well as cementless, biofixed systems. They take advantage of components of the exact size, shape, and materials that perform best for each patient.

Infection prevention is also a hallmark of a well-run program. We keep infection rates exceptionally low with the most fastidious aseptic technique and with ultrasterile, microbe-free, operating environments.

Recovery and rehabilitation.

Recovery from joint replacement begins immediately after surgery. Beginning with the best available postsurgical pain control, our patients enter into a proven routine for restoring orthopaedic function. This may include choosing to return to one of our hospitals for outpatient care, close to home. Or we can facilitate a smooth transition to the services of Bryn Mawr Rehab for inpatient rehabilitation or convenient outpatient therapy. Another option is for patients to receive therapy in the comfort of their home through Jefferson HomeCare. At every therapy site, our medical and clinical rehabilitation specialists develop individualized treatment plans tailored to meet each patient's needs and goals.

Professionalism and individual attention.

Today, the effects of age, injuries, or chronic conditions on joints don't have to mean loss of capacity for physical movement or exertion. The key is offering the most advanced options available in joint care.

We provide the highest level of both professionalism and individual attention. Our patients return to their personal physicians understanding that they were referred to our program because of our experience, expertise, convenience, and personal care.

Expert qualifications.

Active Staff Physicians subspecializing in Joint Replacement at Bryn Mawr, Lankenau and Paoli Memorial Hospitals. Please call 1-800-JEFF-NOW for a complete list of our orthopaedic surgeons.

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List accurate as of March 10, 1999.

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Bryn Mawr, Lankenau and
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One on one. Your ball.

At Bryn Mawr, Lankenau, and Paoli Memorial Hospitals, you will find some of the most accomplished sports medicine physicians in the region. Our specialists head a sports medicine team that provides complete care, designed to serve the professional athlete, the weekend warrior, and those who may exercise more casually.

The ever-growing population involved in fitness activities means increasing expectations and higher levels of activity at all ages. From care for modest, routine problems and discomforts, through to advanced arthroscopic procedures and joint replacement surgery, the sports medicine staff from our hospitals provides all of the orthopaedic-related services that our active population needs.

Sports Medicine



Physicians for the active set.

Orthopaedic care for athletes and physically active individuals can be different than for other patients, and we respect that difference. That's why we design our care around the individual.

Our orthopaedists, therapists, and other staff members have the formal training and education that allow them to offer top-level sports medicine services truly dedicated to the sports field. Our orthopaedic surgeons have completed fellowships and other advanced instruction in sports medicine or sports-related techniques, and our therapists have specialized certifications in sports medicine. In fact, because of their experience, our staff members provide this type of training to other clinicians.

With these qualifications, we can address conditions and concerns for any musculoskeletal area, always starting with the goal of preventing further injury. Then we commit ourselves to safely and expeditiously returning the patient to as high a level of activity as possible.

In addition to their board certifications, advanced professional education, and other credentials, our specialists serve as the physicians for professional athletes and for professional and college sports teams. Published authorities in their field, many of our specialists are athletes themselves.

Enjoy the game!

Sports Medicine



Communication and individualized care.

Our sports medicine physicians are accustomed to working with patients at all levels and are experienced in the sometimes more complicated and urgent needs of serious athletes. Fractures, contusions, muscle or ligament strains or tears, cartilage damage – all are our focus.

Careful examination and evaluation, often with high-quality imaging, help our specialists recommend the least invasive approach that will work for each patient. We know how to make recommendations based on the patient's goals.

We also believe in educating and involving our patients. When they know what's happening and why, they can more fully participate in their own care and recuperation.

Our patients benefit from the expertise of doctors who are academicians and researchers in the field. At the same time, our surgeons and other staff members believe strongly in an attentive and responsive relationship with patients.

This emphasis on communication extends as well, to our referring physicians who are kept informed about their patients' courses of care.

Go for it!

Sports Medicine

One stop with all the options.

In evaluating and caring for patients, our physicians take advantage of sophisticated strength-testing and conditioning machines. We offer emergency care, the most advanced diagnostic studies, interdisciplinary consultations, and ready access to operating facilities. We make full use of physical therapy and other noninvasive approaches.

Our sports medicine physicians are also highly skilled arthroscopists, using this technique for diagnosis and minimally invasive surgery. We are thoroughly experienced in arthroscopic repairs of ligament damage, a step to stabilize joints and prevent the damage that can lead to chronic arthritis.

Rescuing joints, innovating care.

Our specialists are leaders in the region in the use of advanced procedures for treating cartilage damage. We have, for example, pioneered arthroscopic knee-cartilage grafts. Other new procedures include injecting synthetic synovial fluid to coat and lubricate articular surfaces, thus improving range and smoothness of motion in joints.

Repairing and preserving tissue minimizes degeneration in the long term. It can prevent or delay, for example, the later need for joint replacement. The proof is the number of athletes who come to us with deteriorated joints due to previous trauma. We can educate them about different approaches and can also offer joint replacement to patients of all ages when appropriate.

The goal: restored athleticism.

Restoring function may mean invasive procedures followed by care from our dedicated orthopaedic nurses and therapists. Patients may choose to return to one of our hospitals for outpatient care, close to home. Or, we can facilitate a smooth transition to the services of Bryn Mawr Rehab for inpatient rehabilitation or convenient outpatient therapy. Another option is for patients to receive therapy in the comfort of their home through Jefferson HomeCare.

Our sports medicine program also takes advantage of in-office therapies, self-recovery regimens, intensive rehabilitation for the competitive athlete, and the various approaches to splinting, protective bracing, orthotics, and other forms of assistive devices for support and for interim mobilization. We advise coaches, parents, referring physicians, and others whose assistance is important to a patient's complete recovery. Finally, our experts guide patients in future injury prevention.

Appreciate the difference.

Patients at Bryn Mawr, Lankenau, and Paoli Memorial Hospitals quickly appreciate the difference in being treated by someone dedicated to the field of sports medicine. Our patients return to their doctor knowing they were referred to us because of our experience, expertise, convenience, and personal care.

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